**Sona Najmanova – Drop In**

My name is Sona and I move to the Yukon with my family in 2012 from Czech Republic.

I have an education in business before moving to Canda. I worked in different office jobs in various positions. From data entry to Key Accounting Manager for about 15 years. After Moving to The Yukon, Dawson City, I worked as a dishwasher, housekeeper and lots of other odd jobs. Then I learned how to operate heavy equipment operator at gold mines and later for YTG Government.

I had my first experience with addiction when I was a teenager, I was addicted for 4 years on hard drugs. I went through treatment and after 20 months, I was proud to say I am drug free! Unfortunately, I started drinking and spent another 22 years as an Alcoholic.

I started my recovery journey on April 25, 2024. I moved from Dawson to Whitehorse to escape the toxic environment I lived and started a new life. I was attending TKA as a MWSUS Client. After I finished my recovery there, I kept coming to TKA to seek a sage space. I’ve now become a TKA Team Member in February, because I feel that my experience can help others who are finding their recovery path. We can achieve this together, I truly believe.